

Fig.2 The relationships between the individual and people around him/her

(Necessity of the relationship adjustment)

I. The relationship of “The watchers–being–watched”

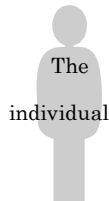
(A)

High-handed attitude, leading, and training. Forcing the individual do things and making him/her understand



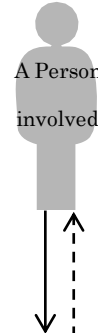
If a person involved see the individual as a problematic type of and a imcomprehensive person,
the individual feels not being understood by the person involved.

Being intimidated, dependent, anxious, upset. Pushing back (aggressive), talking to him/herself, injuring him/herself, or being obsessed, etc.



(B)

Effort to understand the individual's feelings and will



If a person involved see the individual with a sense of trust,

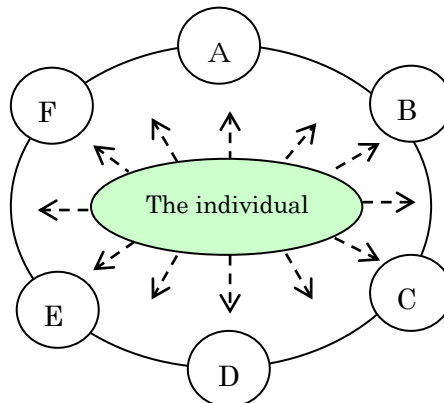
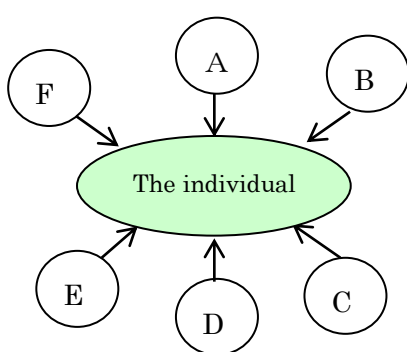
The individual will also see the person with a sense of trust.

The individual feels to be understood, feels secure and trusts him/herself

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The individual wants to be understood by the person and wants to tell his/her feelings to the person.

(Self-expression)

II. The individual is always affected by relationships with persons around him/her



Ex.)

A : Mother

B : Father

C : Siblings

D : Neighbors

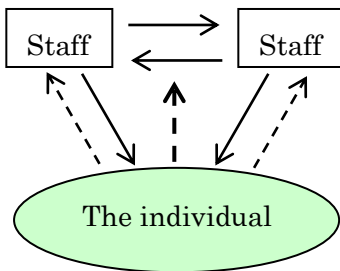
E : School teacher

F : Center's staff

Each person involved is watching the individual, but the individual is watching not only each of them but also the relationships among persons around him/her.

⇒ Therefore, it is essential to not only be concerned about the individual, but also adjust the relationships between the individual and persons around him/her from his/her standpoint.

① The relationships at school or a center

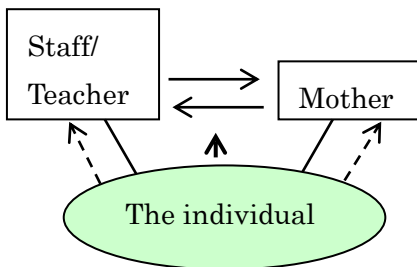


The individual is watching the relationships among staff.

- The individual is confused, if each member of the staff provides different support to him/her.
- If it is difficult to discuss the issue of support among staff, it largely affects the individual.

⇒ It is important to build relationships among staff in order to consult openly how to understand the individual and support him/her.

② The relationships between the family and a school or a center

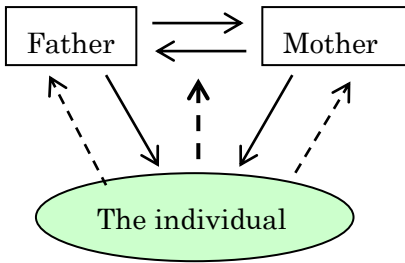


The individual is watching the relationships between staff/teacher and his/her mother.

- If a mother of the individual doesn't open up to staff or have a sense of distrust, it affects the individual.
 - * The mother tends to be put in a vulnerable position, because she commits her child to staff.

⇒ It is important for staff to keep the mother's such feelings in their mind in order to build a trusting relationship, so that parents can express their opinion, request openly, and consult with.

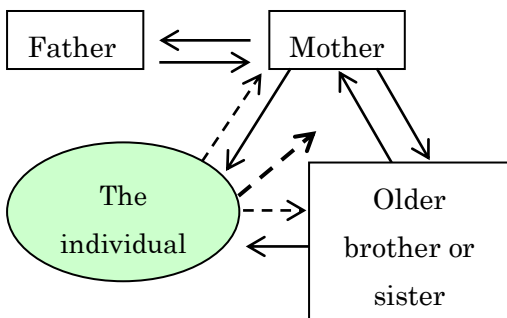
③ Relationships in the family



a) The individual is watching the relationships between his/her father and mother.

- In cases that a father and a mother understand their child and support him/her differently, or create tensions in the marriage, the individual is confused and shows complicated behaviors.

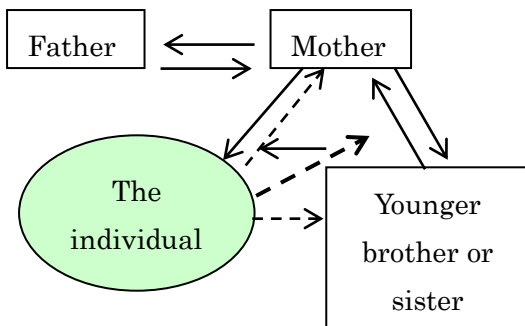
⇒ It is important for parents to have a relationship in order to discuss with each other openly.



b) The individual is watching how his/her mother deals with his/her older siblings.

- When the individual's mother scolds his/her siblings, he/she shows complicated behaviors.
- The individual avoids his/her siblings.
 - * The individual is also watching how his/her father deals with his/her older brother or sister.
 - * If parents focused on dealing with the individual, his/her siblings are forced to be patient.

⇒ It is important for parents to bring siblings into view.



c) The individual is watching how his/her mother deals with his/her younger siblings.

- When the individual's mother is taking care of his/her younger siblings, he/she can't go near them, and bothers his/her mother.
- The individual avoids his/her younger siblings or hit them.
- The individual becomes irritated and grumpy, when his/her siblings cry.
 - * The individual is also watching how his/her father deals with his/her younger brother or sister.
 - * The individual often holds him/her back, because his/her younger brother or sister wants their mother's attention strongly.

⇒ It is necessary for parents to understand that the individual doesn't know how to express his/her feelings,

so holds his/her feelings back.

Social Welfare Corporation SUISEN FUKUSHIKAI Awaji Kodomoen February, 2000